

Sri Ramanuja Mission of Srirangam Srimath Andavan Asramam



With the Blessings of His Holiness, Srimath Andavan
Sri Ranga Ramanuja Maha Desikan
of Srirangam Srimath Andavan Asramam

Recitation Material for Paduka Thiruvadhanam

Sri:
SrimathE RangarAmAnuja MahAdEsikAya Namaha
SrimathE NigamAntha MahAdEsikAya Namaha
SrimathE BhagavathE BhAshyakArAya MahAdEsikAya Namaha
Sri RanganAtha Divyamani PadukAbhyAm Namaha

AchAryA PAduka ArAdhanam

Do AshtAkshram & PrAnAyAmam

1. Sankalpam:

“Sri Bhagavath AgnayA SrIman NARAyana Preethyartham AchArya (****)
pAdhukA ArAdhanam KarishyE **

(****)

- a. If you do for all Padukas - say “ AchArya pAdhukA ArAdhanam KarishyE”
- b. b. If you do for specific AchAryA pAdhukA, say “ respective acharya
name and padukaaradhanam karishyE” as illustrated below:

say “Srimath vEdhAnta rAmAnuja mAha dEsikAnAm pAdhukArAdhanam
karishyE” for Srimath Vazhuthoor Andavan

say “Srimath SrInivAsa rAmAnuja mAha dEsikAnAm pAdhukArAdhanam
karishyE” for Srimath Thirutthuraippoondi Andavan

say “Srimath SrInivAsa mAha dEsikAnAm pAdhukArAdhanam karishyE”
for Srimath PeriAndavan

say “Srimath pAdhukA sEvaka rAmAnuja mAha dEsikAnAm
pAdhukArAdhanam karishyE” for Srimath ChinnAndavan

say “Srimath SrInivAsa rAmAnuja mAha dEsikAnAm pAdhukArAdhanam
karishyE” for Srimath kAdanthEthi Andavan

say “Srimath vEdhAnta rAmAnuja mAha dEsikAnAm pAdhukArAdhanam
karishyE” for Srimath NammAndavan

say “Srimath SrInivAsa mAha dEsikAnAm pAdhukArAdhanam karishyE”
for Srimath Akkur Andavan

say “Srimath ranganAtha mAha dEsikAnAm pAdhukArAdhanam
karishyE” for Srimath Thembarai Andavan

say “Srimath vEdhAnta rAmAnuja mAha dEsikAnAm pAdhukArAdhanam karishyE” for Srimath Thirukkudanthai Andavan

say “Srimath SrInivAsa rAmAnuja mAha dEsikAnAm pAdhukArAdhanam karishyE” for Srimath Mysore Andavan

say “Srimath Ranga rAmAnuja mAha dEsikAnAm pAdhukArAdhanam karishyE” for Srimath Srimushnam Andavan

2. Satveeka Thyagam:

SwakeeyEna AatmanA karthra swakeeyaischa upakaraNai:

swArAdhaNaika prayOjanAyA parama purusha:

sarva sEshi sarvEshvara: sriyappathi: swasEsha Bhoothamithim |

AachArya pAdukAradhanakyam karma swasmai swappreethayE swayamEva karayathi.

3. Collect water in a Vattil (For Viraja) & purify the water

4. Offer shOshanA, dhAhanA, plAvanAm, surabhi mudhrA and rakshai as follows:

“Om yum nama: pArAya vAyavE namaha : ShOshayAmi”

“Om vum nama: pArAya agnayE namaha : dAhayAmi”

“Om rum nama: pArAya amruthAya namaha : plAvayAmi”

“Om sum surabhi mudhrAya namaha:”

“Om veeryAya asthrAya bhat “

5. Take a spoon of water from the vattil and cover with right hand , above nose level. Recite AshtAksharam 4 times and say Om virajAyai namaha

Put the spoon water back in the vattil

Touch the vattil by right hand and say “Om NamO NArAyanAya SarvArtha thOyam ParikalpayAmi”

6. Take 2 more Vattils, one for Parikalpanam and the other for Pradhigraham

Pour the Viraja Vattil water half in the Parikalpanam for all the UpachArams.

Parikalpanam Vattil is to be used for offering all Upacharams

Pradhigraha Vattil to be used for collections of spoon water after the offerings of UpachArams

Offer the following 6 + 3 Upacharams, transferring holy water from Parikalpanam Vattil to Pradhigraham Vattil

for Srimath Vazhuthoor Andavan – Srimath Vedhantha Ramanuja Mahadesikan, recite as follows:

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Achamaniam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- SnApayAmi”

for Srimath Thirutthuraippoondi Andavan – Srimath SrInivAsa Ramanuja Mahadesikan, recite as follows:

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Achamaniam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- SnApayAmi”

for Srimath PeriAndavan – Srimath SrInivAsa Mahadesikan, recite as follows:

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Achamaniam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- SnApayAmi”

for Srimath ChinnAndavan – Srimath PadhukA sEvaka Ramanuja Mahadesikan, recite as follows:

**“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -
- DhyAyAmi”**

**“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -
- Asanam samarpayAmi”**

**“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -
- Argyam samarpayAmi”**

**“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -
- Pathyam samarpayAmi”**

**“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -
- Achamaniam samarpayAmi”**

**“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -
- SnApayAmi”**

for Srimath kAdanthEthi Andavan – Srimath SrInivAsa Ramanuja Mahadesikan, recite as follows:

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
DhyAyAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Asanam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Argyam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Pathyam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Achamaniam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
SnApayAmi”**

for Srimath NammAndavan – Srimath Vedhantha Ramanuja Mahadesikan, recite as follows:

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Achamaniam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- SnApayAmi”

for Srimath Akkoor Andavan – Srimath SrInivAsa Mahadesikan, recite as follows:

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Achamaniam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- SnApayAmi”

for Srimath Thembarai Andavan – Srimath RanganAtha Mahadesikan, recite as follows:

“SrimathE RanganAtha MahAdEsika PADhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE RanganAtha MahAdEsika PADhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE RanganAtha MahAdEsika PADhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE RanganAtha MahAdEsika PADhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE RanganAtha MahAdEsika PADhukAbhyAm Namaha : -- Achamaniam samarpayAmi”

“SrimathE RanganAtha MahAdEsika PADhukAbhyAm Namaha : -- SnApayAmi”

for Srimath Thirukkudanthai Andavan – Srimath Vedhantha Ramanuja Mahadesikan, recite as follows:

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Achamaniam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- SnApayAmi”

for Srimath Mysore Andavan – Srimath SrInivAsa Ramanuja Mahadesikan, recite as follows:

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Achamaniam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- SnApayAmi”

for Srimath Srimushnam Andavan – Srimath Ranga Ramanuja Mahadesikan, recite as follows:

“SrimathE Ranga rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE Ranga rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE Ranga rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE Ranga rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE Ranga rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Achamaniyam samarpayAmi”

“SrimathE Ranga rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- SnApayAmi”

7. Now recite respective AchArya dhanian and do thirumanjanam to pAdhukAs taking holy water from Parikalpanam Vattil and collecting them in pradhigraha vattil
8. Wipe off the water with dry cloth (PIOtha vasthram) and place the PADhukAs back in Position and do AlankAram with flowers and recite as follows:

for Srimath Vazhuthur Andavan, “SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Thirutthuraippoondi Andavan, “SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath PeriAndavan, “SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath ChinnAndavan, “SrimathE pAdhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath kAdanthEthi Andavan, “SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath NammAndavan, “SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Akkoor Andavan, “SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Thembarai Andavan , “SrimathE RanganAtha MahAdEsika PADhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Thirukkudanthai Andavan, “SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Mysore Andavan, “SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Srimushnam Andavan, “SrimathE Ranga rAmAnuja MahAdEsika PADhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

and then offer the 3 upachArams as follows:

For Srimath Vazhuthur Andavan,

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Gandham SamarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Dhoopam SamarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Deepam SamarpayAmi”

For Srimath Thirutthuraaiippoondi Andavan,

“SrimathE srInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Gandham SamarpayAmi”

“SrimathE srInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Dhoopam SamarpayAmi”

“SrimathE srInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Deepam SamarpayAmi”

For Srimath PeriAndavan,

“SrimathE srInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Gandham
SamarpayAmi”

“SrimathE srInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Dhoopam
SamarpayAmi”

“SrimathE srInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Deepam
SamarpayAmi”

For Srimath ChinnAndavan,

“SrimathE pAdhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha :
-- Gandham SamarpayAmi”

“SrimathE pAdhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha :
-- Dhoopam SamarpayAmi”

“SrimathE pAdhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha :
-- Deepam SamarpayAmi”

For Srimath kAdanthEthi Andavan,

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Gandham SamarpayAmi”

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Dhoopam SamarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Deepam SamarpayAmi”**

For Srimath NammAndavan,

**“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Gandham SamarpayAmi”**

**“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Dhoopam SamarpayAmi”**

**“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Deepam SamarpayAmi”**

For Srimath Akkoor Andavan,

**“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Gandham
SamarpayAmi”**

**“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Dhoopam
SamarpayAmi”**

**“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Deepam
SamarpayAmi”**

For Srimath Thembarai Andavan,

**“SrimathE RanganAtha MahAdEsika PADhukAbhyAm Namaha : -- Gandham
SamarpayAmi”**

**“SrimathE RanganAtha MahAdEsika PADhukAbhyAm Namaha : -- Dhoopam
SamarpayAmi”**

**“SrimathE RanganAtha MahAdEsika PADhukAbhyAm Namaha : -- Deepam
SamarpayAmi”**

For Srimath Thirukkudanthai Andavan,

**“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Gandham SamarpayAmi”**

**“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Dhoopam SamarpayAmi”**

**“SrimathE vEdhAntha rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Deepam SamarpayAmi”**

For Srimath Mysore Andavan,

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Gandham SamarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Dhoopam SamarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Deepam SamarpayAmi”

For Srimath Srimushnam Andavan,

“SrimathE ranga rAmAnuja MahAdEsika PADhukAbhyAm Namaha : --
Gandham SamarpayAmi”

“SrimathE ranga rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Dhoopam
SarpayAmi”

“SrimathE ranga rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Deepam
SarpayAmi”

Important note on Flowers and NivEdhanam

- Flowers exclusively kept for PADhukA ArAdhanam alone should be used. Flowers once offered to perumAL should not be used and also thuLasi should never be offered to pAdhukAs.
- **NivEdhanam** :- Only Fruits, Dry Fruits, Cashews, Sugar Candy alone can be offered to PADhukAs

9. Now do the NivEdhanam to the pAdhukA(s) of the AchAryA(s) as follows:

for Srimath Vazhuthur Andavan, “SrimathE vEdhAnthA rAmAnuja MahAdEsika
PADhukAbhyAm Namaha: -- MahA nivEdhanam SamarpayAmi”

for Srimath Thirutthuraippoondi Andavan, “SrimathE SrInivAsa rAmAnuja
MahAdEsika PADhukAbhyAm Namaha: -- MahA nivEdhanam SamarpayAmi”

for Srimath PeriAndavan, “SrimathE SrInivAsa MahAdEsika PADhukAbhyAm
Namaha: -- MahA nivEdhanam SamarpayAmi”

for Srimath ChinnAndavan, “SrimathE pAdhukA sEvaka rAmAnuja MahAdEsika
PADhukAbhyAm Namaha: -- MahA NivEdhanam SamarpayAmi”

for Srimath kAdanthEthi Andavan, “SrimathE SrInivAsa rAmAnuja MahAdEsika
PADhukAbhyAm Namaha: --MahA NivEdhanam SamarpayAmi”

for Srimath NammAndavan, “SrimathE vEdhAnthA rAmAnuja MahAdEsika
PADhukAbhyAm Namaha: -- MahA NivEdhanam SamarpayAmi”

for Srimath Akkoor Andavan, “SrimathE SrInivAsa MahAdEsika
PAdhukAbhyAm Namaha: -- MahA NivEdhanam SamarpayAmi”

for Srimath Thembarai Andavan , “SrimathE RanganAtha MahAdEsika
PAdhukAbhyAm Namaha: -- MahA NivEdhanam SamarpayAmi”

for Srimath Thirukkudanthai Andavan, “SrimathE vEdhAntha rAmAnuja
MahAdEsika PAdhukAbhyAm Namaha: -- MahA NivEdhanam SamarpayAmi”

for Srimath Mysore Andavan, “SrimathE SrInivAsa rAmAnuja MahAdEsika
PAdhukAbhyAm Namaha: -- MahA NivEdhanam SamarpayAmi”

for Srimath Srimushnam Andavan, “SrimathE Ranga rAmAnuja MahAdEsika
PAdhukAbhyAm Namaha: -- MahA NivEdhanam SamarpayAmi”

“Om PrAnAya swAhA”

“Om ApAnAya swAhA”

“Om VyAnAya swAhA”

“Om UdhAnAya swAhA”

“Om SamAna swAhA”

“Om BrahmanE swAhA”

10. Offer Karpoora HARathi (After all PAdhukA ArAdhanams are over)

11. Satveeka Thyagam:

BhagavAnEva swaneyAmya swaroopa sthithi: swasEsha thaika rasEna anEna
AatmanA karthra swakeeyaischa upakaraNai:

swArAdhaNaika prayOjanAyA parama purusha: sarva sEshi sarvEshvara:
sriyappathi: swasEsha Bhoothamithim |

AachArya pAdukAradhanakyam karma swasmai swappreethayE swayamEva
karithavAn ||

12. Distribute perumAL theertham first for 3 times and then followed by AchArya
PAdhukA theertham

10. While taking pAdukA theertham, apply it on the head for the first time and
consume it the second time. DO NOT CONSUME directly.

11. Do not recite any mantrAs while taking perumAL theertham & PAdhukA
theertham

